

# Covid guidelines

- Masks are not required, each player, coach, or parent/spectator may wear a mask if they wish to do so for games or practices.
- No sharing of equipment, we did that by eliminating goalie equipment and issuing each player their own pinnie.
- Each player MUST have their own water bottle labeled with their name!
- All players bags must be 6ft apart.
- No group celebrations, all pre game cheers should be modified to not “huddle up”
- No high fives after the game with teams or parents. Players should tell the other team good game when walking off the field.
- All snacks must be pre packaged
- Hand sanitizer will be available at every game
- No spitting
- Players on sidelines should use social distancing
- Parents on sideline should use social distancing, in Jackson we will be adding a home and away side for spectators.
- If your child is sick keep them home! Coaches will ask before a game/practice if any one is or has been sick within the last week. Also if your child has been in contact with anyone that has tested positive for covid-19 they can not participate in any game/practice until their quarantine period is over.